



Inclusion Support Strategies for the Curriculum – PE

Cognition and Learning	
Learning Challenge	Provision
Understanding the task	<ul style="list-style-type: none"> • Physical modelling and signals. • Repetition. • Adult support – pictures/cards of task. • Bigger space. • Working with other children who model activity as well. • Pre-teach.

Communication and Interaction	
Learning Challenge	Provision
Understanding the rules of the game and not being able to follow the instructions	<ul style="list-style-type: none"> • Modifying the task, let them choose space, task, resources, or people. • Take their own responsibility for learning – differentiating STEP tool to allow them to access teamwork. • Adult support/clear instructions. • Picture cards provided to support understanding.
Communicating with others during a game	<ul style="list-style-type: none"> • Think of a signal between groups to support communication.

Social, Emotional, Mental Health	
Learning Challenge	Provision
Anxiety towards new/unfamiliar tasks or games/fear of getting it wrong	<ul style="list-style-type: none"> • Modifying the activity e.g. expectations, coach/player model, being the cheerleader. • House points for resilience or other expectations. • Working in zones (smaller groups). • Grouping children by similar ability. • Social stories/encouragement. • Talking to individuals about anxiety and what could be don't to improve/help. • Working with parents about having the right kit, what they enjoy at home, any clubs they could join. • Coming to school prepared and in kit.
Refusal to join in	<ul style="list-style-type: none"> • Explaining to children the importance of PE: in addition to the physical side, teamwork, determination, sportsmanship, social and emotional skills are also included.
Challenging behaviour	<ul style="list-style-type: none"> • Allow movement or release breaks/different work environments such as a wall table. • Modifying the activity and expectations. • Smaller groups. • Clear instructions. • Adult support.



Sensory and Physical	
Learning Challenge	Provision
Physical impairment	<ul style="list-style-type: none"> ● Modified resources e.g. different sizes balls, more/less space, more/less time. ● Adult support. ● Modified tasks. ● Class taking part in para sports like balloon volleyball, target golf, Boccia.
Visual impairment	<ul style="list-style-type: none"> ● Adult support. ● Walkthrough of equipment using touch. ● Resources e.g. ball with a bell in. ● Use of a larger or smaller space. ● Differentiated task.
Hearing impairment	<ul style="list-style-type: none"> ● Clear physical instruction/modelling. ● Clear signals known by child/class. ● Key signs and visual aids.