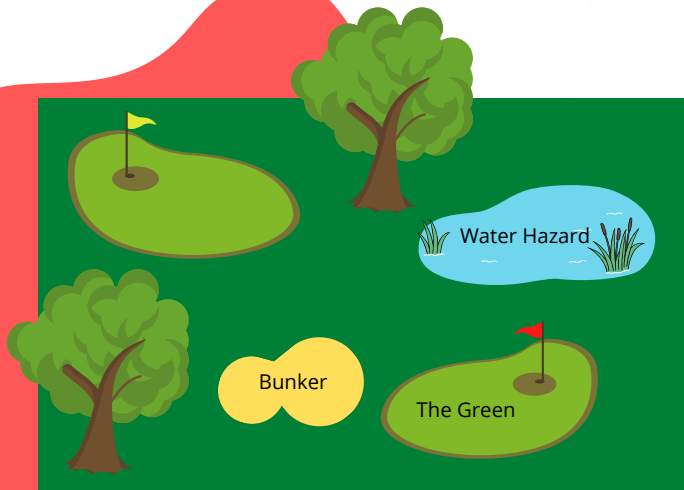


Knowledge Organiser Golf Year 3 and Year 4

About this Unit

Golf can be played individually or as a team. Players hit a small ball with a stick, called a club, around a golf course. Golf is a target game. In golf the targets are small holes. Players aim to hit the ball into the holes in as few hits as possible. In golf hits are called strokes.



Key Vocabulary

adjust: change behaviour to achieve desired outcome
chip: a shot used in golf over a short distance
drive: a shot in golf used to hit over a long distance
grip: the way an object is held
opponent: someone not on your team
power: speed and strength combined
putt: a short shot played when the ball is on the green (near the hole)
relaxed: not tense
support: to help
swing: smooth semi circular action
technique: the action used correctly
tournament: a competition of more than two teams



Ladder Knowledge



Striking

Year 3:
using a bigger swing will give you more power.

Year 4:
using a smooth action will help to increase accuracy.

Movement Skills

- balance
- co-ordination
- striking

This unit will also help you to develop other important skills.

Social work safely, support and encourage others, collaboration, respect, communication
Emotional perseverance, determination, honesty
Thinking comprehension, observation, provide feedback, select and apply skills

Rules

- Strokes must be taken from where the ball stops.
- Be honest when adding up your score.

Healthy Participation



- Remain a safe distance from others when they are swinging.
- Do not swing the clubs when waiting to play.

If you enjoy this unit why not see if there is a golf club in your local area.



How will this unit help your body?

balance and co-ordination

Home Learning

Find more games that develop these skills in the Home Learning Active Families tab on www.getset4education.co.uk

Hit it to Win it

What you need: Household items, a ball or rolled up socks

How to play:

- Place the household items out at varying distances.
- Begin behind a line and roll or throw your ball to hit one of your items.
- When successful retrieve the item you hit.
- Playing against someone else? Who can collect the most items?
- Playing by yourself? How quickly can you retrieve all items?
- Make this harder by allocating 2 points for items that are smaller or placed further from your start line.



www.getset4education.co.uk

Head to our youtube channel to watch the skills videos for this unit.



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