



Young Carers

Dear Parent/Carer,

A young carer is a young person aged 5 – 18 years, who looks after someone who couldn't manage without their help. This could mean looking after a parent, brother or sister, grandparent or family friend who has a disability, illness, mental health condition or addiction.

As many as one in 12 pupils could be a young carer, and unless the school is advised about a pupil's home circumstances, young carers risk first being identified by negative aspects of their behaviour or work. Some young carers worry about bullying and may be tired, worried, find it difficult to concentrate and have limited time for friendships and activities after school. If this is the case, we can help.

Did you know that Southbroom St James Academy can provide extra help for young carers and can also provide advice on benefits, local support groups and more.

Do you think you have a Young Carer in your household? If so – hand this letter back into reception with the form filled out below or call Mrs Sara Male via the School Office.

Wiltshire Council's Team carry out assessments of young people who care for someone else. Anyone who thinks a child could be a young carer can refer into Wiltshire Council for a young carers' assessment. Children and parents can self-refer on 0300 456 0108 or email Integrated Front Door:

IntegratedFrontDoor@wiltshire.gov.uk

Once the referral is received, it will be allocated to a member of the Wiltshire Council Team, who will contact the family and arrange a visit. The Assessment is holistic and will look at what support can be offered to the family. Further information is available on the [Wiltshire Council website](#).

If you want to contact a local organisation about specific support for young carers, go to Youth Action Wiltshire's Young Carers Service;

<https://www.communityfirst.org.uk/yaw/young-carers/>

Phone number: 01380 720 671

Email: wiltshireyoungcarers@youthactionwiltshire.org

For Parent/Carer to fill:

Name of Parent/Carer:

Contact Details:

Name of pupil (Young Carer):